



SISTER ANNUNCIATA BETHELL OLDER ADULT CENTER

BEDFORD PARK MULTI-SERVICE CENTER FOR SENIOR CITIZENS, INC.


243 E. 204TH STREET BRONX, NY 10458

TEL. 718-365-3725 FAX: 718-365-3960



BI-WEEKLY MENU NOVEMBER 14 - NOVEMBER 25, 2022

SERVED DAILY: 8 oz. 1% Milk, 1 tsp. Butter & 1 Slice Wheat Bread & Water

MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
BAKED CHICKEN SMASHED RED POTATOES SPINACH BANANA	BEEF MEATLOAF W/ MUSHROOM GRAVY BAKED POTATO CARROTS KIWI	CHEESE RAVIOLI GARDEN SALAD CALIFORNIA BLEND ORANGE	TURKEY STUFFING YAMS STRING BEANS CRANBERRY SAUCE PUMPKIN CHEESECAKE	BREADED FISH BAKED YAMS BROCCOLI & RED PEPPERS APPLE
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
BBQ CHICKEN BAKED YAMS GREEN BEANS APPLE	BEEF STEW ROASTED POTATO CARROTS CANTALOUPE	TURKEY STUFFING GREEN BEANS CHEESECAKE		CENTER CLOSED

MAKE SURE TO CALL AT 9 AM TO RESERVE YOUR MEAL.

FUNDED UNDER CONTRACT WITH THE N.Y.C. DEPARTMENT FOR THE AGING, AS PART OF THE TITLE IIIC NUTRITION PROGRAM OF THE OLDER AMERICANS ACT. ADMINISTERED BY THE N.Y.C. OFFICE FOR THE AGING. VOLUNTARY CONTRIBUTIONS ARE AN ESSENTIAL PART OF THE OPERATING BUDGET.

Please Turn Over...