

CENTER ACTIVITIES MARCH 2023

DAILY REMINDER:

***IT'S IMPORTANT TO CALL DAILY TO RESERVE YOUR MEAL.**

*****IT IS VERY IMPORTANT TO CALL DAILY FROM 8:30 AM – 9:30 AM*****

***PLEASE WEAR YOUR MASK PROPERLY BEFORE ENTERING THE FACILITY AND KEEP IT ON AT ALL TIMES EXCEPT WHEN EATING ONSITE. ***

**Do you have questions about your current health insurance?
Would you like additional information on HIICAP/Health insurance
information and assistance?**

**Help is available Monday-Friday 8:30-3:30 PM.
Please contact Annette or Patricia at 718-365-3725.**

DAILY/WEEKLY SERVICES:

Lunch–12:30 PM (\$2.00 voluntary donation) Transportation, Case Assistance – Information & Referrals, Nutrition Education & Health Promotion Lectures, Blood Pressure Monitoring, Physical Health & Exercise, Cultural Activities, and Other Activities such as Computer Lab with WIFI, Brain Teasers (Memory Quizzes), Group Discussions, Movies & Billiards

SAVE THE DATE

***INTRODUCTION TO SU CASA “WORDS OF WISDOM” W/ ROY SECORD
3/7 11 AM**

***EMERGENCY PREPAREDNESS PRESENTATION W/ FDNY SGT. CHAN AND
SGT. ACEVEDO 3/8 12:15 PM**

***WOMEN’S HISTORY PRESENTATION W/ MEDICAL STUDENTS 3/13 11:00
AM**

***HEALTH PRESENTATION WITH CARLOS TEJEDA 3/13 12:30 PM**

***ST. PATRICK’S DAY CELEBRATION W/ GERARD CORBETT 3/14 11:30 AM**

***DFTA COOKING LIVE 3/15 11:00 AM**

***COUNCIL MEMBER ERIC DINOWITZ VISITS ON 3/23 12:00 PM**

***NUTRITION EDUCATION W/ MAUDENE NELSON 3/24 12:30 PM**

***MARCH BIRTHDAY CELEBRATION 3/28 12:30 PM**

REFRESHMENTS WILL BE SERVED DURING EVERY EVENT

REMINDER: NO FOOD REMOVAL FROM THE CENTER. REMOVAL OF FOOD NOT PROPERLY WRAPPED MAY CAUSE BACTERIAL OR FOOD-BORNE ILLNESSES. REMOVE AT YOUR OWN RISK.

Fresh Fruits on the weekly menu are subject to change due to the quality of the fruit when delivered.