

CENTER ACTIVITIES MAY 2023

DAILY REMINDER:

***IT'S IMPORTANT TO CALL DAILY TO RESERVE YOUR MEAL.**

*****IT IS VERY IMPORTANT TO CALL DAILY FROM 8:30 AM – 9:30 AM*****

***PLEASE WEAR YOUR MASK PROPERLY BEFORE ENTERING THE FACILITY AND KEEP IT ON AT ALL TIMES EXCEPT WHEN EATING ONSITE. ***

**Do you have questions about your current health insurance?
Would you like additional information on HIICAP/Health insurance
information and assistance?**

**Help is available Monday-Friday 8:30-3:30 PM.
Please contact Annette or Patricia at 718-365-3725.**

DAILY/WEEKLY SERVICES:

Lunch–12:30 PM (\$2.00 voluntary donation) Transportation, Case Assistance – Information & Referrals, Nutrition Education & Health Promotion Lectures, Blood Pressure Monitoring, Physical Health & Exercise, Cultural Activities, and Other Activities such as Computer Lab with WIFI, Brain Teasers (Memory Quizzes), Group Discussions, Movies & Billiards

SAVE THE DATE

***ELDER ABUSE PRESENTATION BY NEIGHBORHOOD SHOPP 5/15 AT
11:00 AM**

***STROKE PREVENTION PRESENTATION 5/18 AT 12:00 PM**

***CELEBRATING OLDER ADULTS LUNCHEON 5/24 AT 12:00 PM**

***MAY BIRTHDAY CELEBRATION WITH BRONX ROTARY CLUB 5/30 AT
12:30 PM**

***COOKING LIVE WITH DFTA 6/14 AT 11:00 AM**

REFRESHMENTS WILL BE SERVED DURING EVERY EVENT

REMINDER: NO FOOD REMOVAL FROM THE CENTER. REMOVAL OF FOOD NOT PROPERLY WRAPPED MAY CAUSE BACTERIAL OR FOOD-BORNE ILLNESSES. REMOVE AT YOUR OWN RISK.

Fresh Fruits on the weekly menu are subject to change due to the quality of the fruit when delivered.