

CENTER ACTIVITIES NOVEMBER 2022

DAILY REMINDER:

***IT'S IMPORTANT TO CALL DAILY TO RESERVE YOUR MEAL.**

*****IT IS VERY IMPORTANT TO CALL DAILY FROM 8:30 AM – 9:30 AM*****

***PLEASE WEAR YOUR MASK PROPERLY BEFORE ENTERING THE FACILITY AND KEEP IT ON AT ALL TIMES EXCEPT WHEN EATING ONSITE. ***

**Do you have questions about your current health insurance?
Would you like additional information on HIICAP/Health insurance
information and assistance?**

Help is available Monday-Friday 8:30-3:30 PM.

Please contact Annette or Patricia 718-365-3725.

DAILY/WEEKLY SERVICES:

Lunch–12:30 PM (\$2.00 voluntary donation) Transportation, Case Assistance – Information & Referrals, Nutrition Education & Health Promotion Lectures, Blood Pressure Monitoring, Physical Health & Exercise, Cultural Activities and Other Activities such as: Computer Lab with WIFI, Brain Teasers (Memory Quizzes), Group Discussions, Movies & Billiards

SAVE THE DATE

***FIRE SAFTEY PRESENTATION 11/15 11:30 AM~**

***DFTA COOKING LIVE 11/16 11:00 AM~**

***THANKSGIVING LUNCHEON 11/17 11:30 AM~**

***HEARING LOSS & DIABETES 11/17 1:00 PM~**

***NUTRITION EDUCATION PRESENTATION 11/18 12:30 PM~**

REFRESHMENTS WILL BE SERVED DURING EVERY EVENT

REMINDER: NO FOOD REMOVAL FROM THE CENTER. REMOVAL OF FOOD NOT PROPERLY WRAPPED MAY CAUSE BACTERIAL OR FOOD BORNE ILLNESSES. REMOVE AT YOUR OWN RISK.

Fresh Fruits on the weekly menu are subject to change due to the quality of the fruit when delivered